

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## **Chris Groenewald**

Has successfully participated & completed the

10km - Trail Run Lifestyle Challenge - Health Balance Purpose

held at D'aria Wine Estate.

**TIME** 01:11:37

**PACE** 07:09/km

**OVERALL** 11 of 22

**GENDER** 5 of 6

50 - 59 1 of 1

22 October 2022, Sat

Date



BoutTime

Signature